

# Living is Ageless

Ontario Senior Citizens' Week June 18 to 24.

Ont. Office on Aging  
Branch

Government  
Publication

General Publication

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Living is Ageless!

But how do you live?

At retirement some people begin to live, others begin to die. Why? It's a serious decision we all must face.

The Ontario Government needs your ideas for projects, and your support to

help communities plan for this year's Senior Citizens' Week.

A week devoted to educating 'junior citizens' regarding preparation for leisure and retirement, and a week devoted to honouring our senior citizens.

We want to know your ideas and plans now for this important week June 18 to 24, 1972.

Write or contact:

*Living is Ageless  
Senior Citizens' Week, Co-ordinator  
Homes for the Aged, Office on Aging  
Ministry of Community and Social Services  
5th floor, Hepburn Block, Queen's Park  
Toronto 182, Ontario.*



Ministry of Community and  
Social Services



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Government  
Publications

Homes for the Aged -  
Office on Aging Branch,  
5th Floor, Hepburn Block,  
Queen's Park,  
TORONTO 182, Ontario.

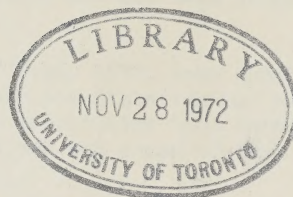
Telephone: 965-5103

May 11th, 1972

An Open Letter to Librarians in Ontario

Dear Friend:

Re: "Living is Ageless"  
Senior Citizens' Week  
June 18th - 24th, 1972



We are sure you are interested in the attached material for this year's Senior Citizens' Week in Ontario. We need your co-operation in promoting knowledge of, and interest in, this very special week.

Attached are some suggested readings for Librarians, which would highlight some of the interest shown by Professional Library Associations in this field of services for the aged. This is by no means a total listing and each year the literature grows more replete.

The fact, of course, is that Librarians in our society can and do play a vital role in sharing knowledge concerning middle age, pre-retirement preparation, the retirement phase, and the later years. That does not even begin to touch such other vital topics as income maintenance, housing, good health, nutrition, and all the leisure-time pursuits that are possible.

We are also enclosing a list of readings for the general public, although we realize that you will be able to develop from your own resources an excellent array of titles, authors, and display material.

What we are asking is your co-operation in seeking out the various clubs, service organizations, community health and social service agencies, homes and housing projects. You might be interested in letting them know of your willingness to participate. We, in turn, have already suggested to the many clubs and organizations that their local Library be invited to participate in planning and activities for Senior Citizens' Week.

You might display material such as:

- (1) those books and pamphlets which deal specifically with aging;
- (2) those works which highlight specific areas such as housing, pensions, retirement, and all of the manifold leisure and recreational pursuits open to people today, and books about
- (3) those men and women who have attained advanced ages and their creative works. They will throughout their lives have contributed significantly by example or just plain human interest how life might be lived to the full.



The central theme of Ontario Senior Citizens' Week, and, indeed, of our year-round operations as a Ministry of Government in co-operation with all of the other organizations concerned with adult education, community health and social services, etc., is the positive aspects of aging. We want to stress some of the opportunities to bring together the various Homes, Centres and Clubs which are active in this field, and to maintain wherever possible full participation in the daily life communities.

Please put up one of our posters for your Seniors and get some younger age groups involved as well.

We would also welcome, after Senior Citizens' Week, 1972, your specific suggestions on how we may assist Libraries, and how Libraries may assist us and the local Clubs, Homes and Centres, in maintaining this interest and provide meaningful service to the elderly men and women of each community.

Thank you for your interest and co-operation.

Yours sincerely,

Lawrence Crawford,  
Director.

Sister St. Michael Guinan, Ph.D.,  
Executive Officer (Research).

Encls.


LC/LG/id





SUGGESTED GENERAL READINGS

- Adam, Ruth et al. Middle Age.
- Arthur, Julietta K. Retire to Action: A Guide to Voluntary Service.
- Bromley, D. B. The Psychology of Human Aging.
- Brown, J. Paul. Counseling with Senior Citizens.
- Clark, Linda. Stay Young Longer.
- Coakley, Mary Lewis. When Parents Grow Old.
- Cummings, Oliver de W. "Senior Citizens' Fellowship". The Church Creative; a Reader on the Renewal of the Church, edited by M. Edward Clark, William L. Malcomson, Warren Lane Molton. Hashville, Abingdon Press, 1967. Chapter 18, P. 190-203.
- Donohue, Dr. Wilma. Education For Later Maturity.
- Donohue, Wilma and Tibbits, Clark, eds., Planning the Older Years.
- Donohue, Dr. Wilma et al. eds. Free Time: Challenge to Later Maturity.
- Duffus, R. L. Adventure in Retirement: What to do When You no Longer Have to do Anything.
- Fawley Service Association of America. The Family as All Generations.
- Gernant, Leonard. You're Older Than You Think.
- Gleason, George. Horizons for Older People.
- Gray, Robert M. & Moberg, David O. The Church and the Older Person.
- Hart, Mollie. When Your Husband Retires.
- Harton, Sybil. On Growing Old; A Book of Preparation for Age.
- Hauser, Gaylord. Look Younger, Live Longer.
- Jacobs, H. Lee. Senior Citizens in the Church and Community. 3rd. ed.
- La Farge, John. Reflections on Growing Old.
- Legler, Henry. How to Make the Rest of Your Life the Best of Your Life.
- McErlean, J. P. Inside Information on Pre-retirement and Retirement.



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Miller, Walter L. Your Retirement Dollar.

Ontario Department of Social and Family Services. Cultural Differences Among the Aged in Ontario.

Pitkin, Walter, Jr. Life Begins at Fifty.

Rismiller, Arthur P. Older Members in the Congregation.

Schifferes, Justus J., Ph.D. The Older People in Your Life.

Townsend, Peter. The Family LIFE of Old People.

Trecker, Audrey R., and Trecker, Harleigh B. Handbook of Community Service Projects.

Tunstall, Jeremy. Old and Alone.

Wright, Clarence. Successful Retirement: Plan it Now.

#### NEW LIFE for the "NEW YEARS"

Some other books known to be available at branches of the TORONTO PUBLIC LIBRARIES whose listing we appreciate:

#### RETIREMENT

|                                      |   |         |
|--------------------------------------|---|---------|
| Boynton, P. W.                       | <u>SIX WAYS TO RETIRE</u>                         | 179     |
| Bromley, Dennis B.                   | <u>PSYCHOLOGY OF HUMAN AGING</u>                  | 155.67  |
| Buckley, Joseph C.                   | <u>THE RETIREMENT HANDBOOK</u>                    | 301.435 |
| Giles, Ray                           | <u>LIVE BETTER AFTER FIFTY</u>                    | 179     |
| Hepner, Harry W.                     | <u>RETIREMENT; A TIME TO LIVE ANEW</u>            | 301.435 |
| Hersey, Jean & Robert                | <u>THESE RICH YEARS</u>                           | 301.435 |
| Koller, M. R.                        | <u>SOCIAL GERONTOLOGY</u>                         | 301.435 |
| Neugarten, Bernice                   | <u>MIDDLE AGE AND AGING</u>                       | 301.435 |
| Peterson, James                      | <u>MARRIED LIFE IN THE MIDDLE YEARS</u>           | 301.435 |
| Prehoda, Robert H.                   | <u>EXTENDED YOUTH; THE PROMISE OF GERONTOLOGY</u> | 612.67  |
| Richardson, Frank                    | <u>GRANDPARENTS AND THEIR FAMILIES</u>            | 301.42  |
| Schindler, J. A.                     | <u>HOW TO LIVE 365 DAYS A YEAR</u>                | 614.58  |
| Taves, Isabella                      | <u>WOMAN ALONE</u>                                | 301.428 |
| Tibbits, Clark & Wilma Donahue, eds. | <u>AGING IN TODAY'S SOCIETY</u>                   | 301.435 |



ADVENTURE OF IDEAS

|                             |  |          |
|-----------------------------|--|----------|
| Cicero, Marcus Tullius      | <u>ON OLD AGE AND FRIENDSHIP</u>   | 828      |
| Clarke, Arthur C.           | <u>PROFILE OF THE FUTURE; AN INQUIRY<br/>INTO THE LIMITS OF THE POSSIBLE</u> | 600      |
| Feinberg, Gerald            | <u>THE PROMETHEUS PROJECT; MANKIND'S<br/>SEARCH FOR LONG RANGE GOALS</u>     | 301.243  |
| Fromm, Erich                | <u>THE SANE SOCIETY</u>  | 323.44   |
| Kerr, Walter                | <u>THE DECLINE OF PLEASURE</u>   | 136.4973 |
| Simon, Anne W.              | <u>THE NEW YEARS</u>   | 301.434  |
| Teilhard de Chardin, Pierre | <u>THE FUTURE OF MAN</u>   | 113      |
| Whitehead, Alfred N.        | <u>ADVENTURE OF IDEAS</u>  | 901      |

HEALTH

|                   |   |         |
|-------------------|---|---------|
| Diehl, H. S.      | <u>HEALTHFUL LIVING</u>                 | 613     |
| Lally, James J.   | <u>THE OVER FIFTY HEALTH MANUAL</u>     | 618.97  |
| McDonald, Phyllis | <u>A COOKBOOK FOR THE LEISURE YEARS</u> | 641.56  |
| McDonald, Phyllis | <u>THE GOLDEN AGE COOKBOOK</u>          | 641.56  |
| Moss, B. B.       | <u>CARING FOR THE AGED</u>              | 301.451 |
| Stern, Edith      | <u>YOU AND YOUR AGING PARENTS</u>       | 301     |

MONEY AND TRAVEL

|                                  |  |         |
|----------------------------------|--|---------|
| Coolley, Leland Fred             | <u>THE RETIREMENT TRAP</u>                                   | 301.435 |
| Edson, Wesley                    | <u>RETIRING TO THE CARIBBEAN</u>                             | 917.29  |
| Hazard, J. W.                    | <u>SUCCESS WITH YOUR MONEY</u>                               | 331.84  |
| Koltun, Frances L.               | <u>COMPLETE BOOK FOR THE INTELLIGENT<br/>WOMAN TRAVELLER</u> | 910.2   |
| Lasser, J. K.                    | <u>INVESTING IN YOUR FUTURE</u>                              | 332.678 |
| National Council Stamford, Conn. | <u>RETIREMENT MONEY GUIDE</u>                                | 339.4   |
| National Trust Co. Ltd.          | <u>A STUDY OF CANADIAN PENSION PLANS</u>                     | 331.252 |





ONE LIFE

|                    |   |       |    |
|--------------------|---|-------|----|
| Barnard, Christian | <u>ONE LIFE</u>   | 921   | B. |
| Carr, Emily        | <u>GROWING PAINS</u>  | 921   | C. |
| Casals, Pablo      | <u>JOYS AND SORROW: REFLECTIONS AS<br/>TOLD TO ALDERT E. KAHN</u> | 921   | C. |
| Gilot, Francoise   | <u>LIFE WITH PICASSO</u>  | 921   | P. |
| Hoover, Helen      | <u>A PLACE IN THE WOODS</u>                                       | 500.9 | H. |
| Hotchner, A. E.    | <u>PAPA HEMINGWAY: A PERSONAL MEMOIR</u>                          | 921   | H. |
| Lee, Laurie        | <u>AS I WALKED OUT ONE MIDSUMMER MORNING</u>                      | 921   | L. |
| Paton, Alan        | <u>KONTAKION FOR YOUR DEPARTED</u>                                | 921   | P. |
| Penfield, Wilder   | <u>THE SECOND CAREER WITH OTHER ESSAYS<br/>AND ADDRESSES</u>      | 824   | P. |
| Russell, Bertrand  | <u>THE AUTOBIOGRAPHY OF BERTRAND RUSSELL</u> 3 vol.               | 921   | R. |

FICTION OF INTEREST TO SENIOR CITIZENS

|                    |  |
|--------------------|--|
| Bermant, Chaim     | <u>DIARY OF AN OLD MAN, 1968</u>                           |
| Berri, Claude      | <u>THE TWO OF US, 1968</u>                                 |
| Clarel, Bernard    | <u>THE FRUITS OF WINTER, 1969</u>                          |
| Chase, Mary Ellen  | <u>THE PLUMTREE, 1970</u>                                  |
| Gaines, Ernest     | <u>THE AUTOBIOGRAPHY OF MISS JANE PITTMAN, 1971</u>        |
| Hazzard, Shirley   | <u>THE BAY OF NOON, 1971</u>                               |
| Lawrence, Margaret | <u>STONE AUGEL, 1964</u>                                   |
| Saroyan, William,  | <u>DAYS OF LIFE AND DEATH AND ESCAPE TO THE MOON, 1970</u> |
| Styron, William,   | <u>THE CONFESSIONS OF NAT TURNER, 1967</u>                 |

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The above is by no means a complete listing. Professional books are currently reviewed and listed in the Shock Bibliography in the Journal of Gerontology. A more popular listing is issued as "Current Literature on Aging" published quarterly by the National Council on the Aging, 1828 L. Street N.W., Washington, D.C. 20036.

"A Basic Library of Books on Gerontology" has been compiled by Professor David Schonfield and his associates at the Department of Psychology, University of Calgary, Alberta (April, 1969) together with a bibliography of Canadian publications in this field.





We would welcome your Library's suggestions for further listings and references which we will be pleased to print and distribute.

Homes for the Aged -- Office on Aging Branch  
Ontario Ministry of Community and Social Services  
5th Floor, Hepburn Block  
Parliament Buildings Toronto 182

SENIOR CITIZENS' WEEK

JUNE 18 - 24, 1972.



JOURNAL ARTICLES

- Allen, W. Emil, Jr., "Library Service to the Aging", North County Libraries (Vermont & New Hampshire), March/April, 1960, pp.10-13.
- Blackshea, Orrilla T., "Public Libraries Serve the Aging", Geriatrics, May, 1960, pp.390-397.
- Javelin, Muriel C., "Services to the Senior Citizen", American Libraries Vol.1, no.2, February 1970, pp.133-137.
- McKinnon, Helen, "Library Services for the Senior Citizen", Adult Services Handbook (Waterloo: Waterloo University Library, 1968), pp.9-14.
- Nyberg, Miriam, "Library Service for Old People's Homes in Finland", Libri, Vol.19, no.4, pp.260-264.
- Rogers, Helen Cintilda, "Library Service Related to Aging and Aged", reprinted from "Aging in Indiana" with permission of the Indiana State Commission for Aging and Aged (1959).
- Romani, Dorothy, "Guidelines for Library Service to the Institutionalized Aging", American Libraries, Vol.1, no.3, March 1970, pp.286-89.
- Vainstein, Rose, "The Library and the Senior Citizen", Talk given at Illinois-Missouri Library Association Conference, St. Louis, October 28, 1960, pp.264-270 of the Proceedings.
- \_\_\_\_\_, "The Public Library and the Older Adult", North County Libraries (Vermont & New Hampshire), March/April, 1960, pp.1 - 9).
- White, Ruth M., Ed., Library Service to an Aging Population, An Institute Presented by The American Library Association Adult Services Division and the American Library Association Office for Adult Education, June 22-26, 1959 (Chicago: American Library Association, 1960).

Suggestions for Librarians

compiled by the Departmental Librarian and staff, Homes for the Aged -- Office on Aging Branch, Ontario Ministry of Community and Social Services.

"But a major issue in the field of aging will be the extent to which libraries are not just able but willing to extend themselves into the community, not to mention the extension of opportunities for older people within the confines of the library itself. This will demand imagination, creativity, and the recognition of opportunities."

Lola Wilson, "Libraries Should Serve Older Adults", digest of an address, Canadian Library Association's 22nd annual conference, Ottawa, Ontario, Canada, and reprinted in 1967 issue of Canada's Health and Welfare.





## SUGGESTED RECREATION ACTIVITIES FOR THE AGED

(By no means complete -- "the sky's the limit!")



|       | ARTS AND CRAFTS  | DANCING  | DRAMATICS   | LITERARY ACTIVITIES   |
|-------|--|--|---|---|
| MEN   | bookbinding<br>carving<br>electroplating<br>leathercraft<br>metalcraft<br>model building<br>photography<br>pottery<br>woodcraft, etc                   | social square<br>tap   | imitations<br>movies<br>plays - participate and attend<br>radio<br>readings<br>television   | lectures (attend all types of literary events)<br>reading<br>speaking<br>writing  |
| WOMEN | basketry<br>china painting<br>crocheting<br>knitting<br>quilting<br>rug-making<br>weaving, etc.  | social square<br>folk  | movies<br>plays - participate and attend<br>puppetry<br>radio   | bookclubs<br>creative writing<br>reading  |
| MIXED | any combination of the above<br>visit art galleries<br>etc.  | folk<br>social square<br>etc.  | attend theatre<br>movies<br>puppetry<br>radio<br>etc.   | book reviews<br>limericks<br>games with paper and pencil<br>guessing games<br>lectures<br>letter writing<br>open forums<br>poetry writing<br>visit library<br>write up historical incidents<br>and tell stories<br>involvement with local libraries<br>etc. |
|       | MUSIC  | NATURE AND OUTING  | SOCIAL ACTIVITIES   | SPORTS AND GAMES  |
| MEN   | harmonize<br>listen to music<br>musical instruments<br>singing   | fishing<br>gardening<br>hunting<br>identification<br>trips<br>travelling<br>walks  | banquets<br>clubs<br>conversations<br>dinners<br>parties  | archery<br>billiards<br>bowling<br>checkers<br>chess<br>croquet<br>darts<br>dominoes<br>horseshoes<br>ping pong<br>shuffleboard<br>softball   |
| WOMEN | concerts<br>records<br>mixed chorus<br>song fests<br>talent shows  | gardening<br>picnics<br>sunning<br>walks   | fashion shows<br>(gay nineties)<br>parties<br>picnics   | checkers<br>darts<br>shuffleboard<br>simple relays  |
| MIXED | attend concerts<br>community singing<br>musical games<br>music appreciation<br>playing instruments<br>rhythm bands<br>(percussion)<br>song fests, etc. | car and boat<br>rides<br>day-camping<br>enjoying parks<br>picnics, tours<br>sailing<br>visiting museums<br>planetarium, etc. | anniversaries<br>bingo<br>birthdays<br>cards<br>outdoor cooking<br>pinochle<br>sightseeing by auto, bus<br>and train<br>Sunday visits<br>suppers<br>trips to industries, etc. | attend sports events<br>checkers<br>chess<br>dominoes<br>"party games"<br>simple relays<br>and circle<br>games, etc.  |





Ministry of Community and  
Social Services



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Ontario Senior Citizens' Week  
June 18th - 24th, 1972:  
"Living Is Ageless"

Ontario Senior Citizens' Week, 1972, is close at hand, and I wish to take this opportunity to invite your full support in your local activities: open house during this week would be a means of encouraging community awareness of the multi-faceted programs of Homes; of the abilities of Senior Citizens; and at the same time broaden all Citizens' knowledge of the services available, as well as honouring Seniors.

The enclosed suggestions and letters have been sent to Senior Citizens' Clubs and Centres, Mayors and Reeves, as well as yourselves, to assure a broad spectrum of support and participation. Write your local Councillors, M.P.P.'s, Church leaders, librarians, school groups, auxiliaries, et al, to assist.

Major co-ordination of the week's events is being handled through the Homes for the Aged - Office on Aging Branch, and any questions or suggestions you may have should be directed to Mrs. Lili Garfinkel (965-7695), or myself.

Join in ! And thank you for your co-operation.

Sincerely,

Lawrence Crawford,  
Director.





Ontario Senior Citizens' Week  
June 18th - 24th, 1972:  
"Living Is Ageless"

There are no age limits on imagination, inspiration, a desire to be free and independent. Some of the greatest contributions to the enhancement of the dignity of mankind have been contributed by people retired from the daily employment routine.

As "Junior Citizens" we have much to learn from our "Senior Citizens". That is why the Ontario Ministry of Community and Social Services is again officially recognizing Ontario Senior Citizens' Week, June 18th - 24th, 1972.

I offer the assistance and co-operation of the members of my Ministry, particularly the Homes for the Aged - Office on Aging Branch, in helping communities and local organizations to plan for this week.

The initiative for special events during this week depends on the municipal governments, voluntary associations and concerned people in the community.

We have offered some ideas to stimulate your planning, but the actual implementation of the special events for this week is up to you.

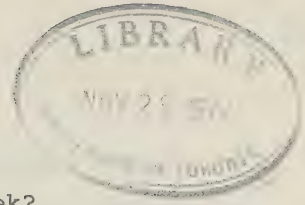
I personally feel that it is most important to the general population of your community to see and learn, at first hand, that "Living Is Ageless".

A sincere "thank you".

Rene Brunelle,  
Minister.



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### Why Have A Senior Citizens' Week?

The Ministry of Community and Social Services is officially recognizing June 18th to 24th as Ontario Senior Citizens' Week, 1972, with the theme: "Living Is Ageless".

We want each and every community in the Province to take an active part in this special week of enlightenment.

A formal Senior Citizens' Week helps:

- . To stimulate general interest in and knowledge of aging;
- . To develop special programs and projects by and with Senior Citizens in communities throughout Ontario;
- . To establish better channels of communication between young and old; between all generations.
- . To recognize those contributions to our communities which elderly men and women have made over the years.





## What Can You Do For Ontario Senior Citizens' Week?

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Our 1972 theme is "Living Is Ageless". The special events and programs you can plan for this theme are exciting, as interesting or as different as your collective imaginations. Here are a few ideas to spark your plans:

### Community Events:

A community picnic where "junior" citizens are not admitted unless they are accompanied by a Senior Citizen.

A display of arts and crafts with contributions coming from Senior Citizen groups and young peoples' groups to illustrate that imagination has no calendar age boundaries.

Parades with the theme that fashions and styles in living revolve in cycles.

Open houses at Senior Citizens' Centres, Apartments and Homes for the Aged.

Dances and special home-cooked suppers.

Entertainment for shut-ins by Senior Citizens and young people.

Information booths throughout the community during the week where the public may obtain information on many programs and local year round activities.

2

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THE UNIVERSITY OF CHICAGO  
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LIBRARY

Saturday, June 24th - Senior Citizens Association of  
Greater Niagara Picnic and Band  
Concert.  
There will be shuffleboard,  
snooker and other tournaments  
adding to the excitement of this  
event.

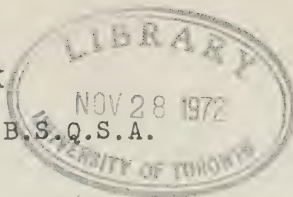
We encourage you to do your part to make this Week a  
rousing success. Good luck to you all!





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ONTARIO SENIOR CITIZENS WEEK  
JUNE 18-24 1972  
SUPPORTED BY THE ONTARIO DISTRICT S.P.E.B.S.Q.S.A.



SUGGESTED PROCEDURE

WEEK OF MAY 7

Contact your local Social Services Department and/or Senior Citizens Centre and inform them that your chapter would like to cooperate with with them and participate during "S.C. Week".

WEEK OF MAY 14

Discuss a programme with your chapter executive or Community Service Chairman. Review the S.C. Songbook with the Music Director for compatible barbershop arrangements.

WEEK OF MAY 21

If local Seniors have a Programme Chairman, discuss a suitable joint "fun night" for the week of June 18th. (or arrange with S.C. Dept.) (OPTIONAL) Contact other Service Clubs, to participate on the other nights during S.C. Week. Lay out tentative programme with S.C. Chmn.

WEEK OF MAY 28

Contact all local news media with initial releases regarding efforts and plans.

WEEK OF JUNE 4

Finalize programme for the joint meeting.

WEEK OF JUNE 11

In cooperation with the S.C. Chairman (and any other clubs taking part), prepare news releases for the media re. your programme, and deliver.

WEEK OF JUNE 18

MONDAY - Check the news media for correct information on the weeks activities and arrange for reporters to be at the meeting.  
MEETING NIGHT - Good Luck - Make It Happen

NOTE TO P.V.P.'s and MUSIC DIRECTORS - Arrange programme so that many of the selections from the song book are presented with the chorus members "down in the crowd" with the Seniors, and your own director leading the entire group. The idea should be to get as many of them as possible to participate. If there are quartets on the programme, encourage a few Seniors to take a "part" with the foursome. If the local group does not have a Glee Club, this would be the time to put the bug in their ears. Perhaps you could invite a few of the men to your next chapter meeting; after all, "Singing is Ageless" too.

FOLLOW-UP

Full story to the media and submit all newspaper clippings to the District V.P. Communications along with a report on your activities.



# SENIOR CITIZENS' WEEK

(dedicated to Senior Citizens' Week)  
June 18th -- 24th, 1972.

words and music  
by WAL BROMBY.

Now! all Ye Senior Citizens ,  
lend me your ear I say.  
We're gonna have a Jamboree,  
and spend a happy day.  
It's nice to shake a welcome hand,  
to greet a friend you meet.  
And say "Hello!" to all your pals,  
when you meet them on the street.  
You love to go a - roamin,  
in the good old summer time.  
To see the birds and flowers,  
then to bed at half - past nine.  
To - day you're Senior Citizens ,  
some aged four score or more.  
I give a toast to all of You,  
God Bless for evermore.



Your Ontario Ministry of Community and Social Services, Office on Aging,  
and all other interested government agencies is grateful to Mr. Wal Bromby,  
retired band leader, for contributing this song and words to ONTARIO  
SENIOR CITIZENS.





F C7 F Bb F F+ Gm D7. Gm  
 NOW ALL YE SENIOR CITIZENS LEND ME YOUR EAR I SAY, WE'RE

C7 G7 C7 F C7  
 GONNA HAVE A JAM - BOR - EE AND SPEND A HAPPY DAY IT'S

F C7 C7 F Bb F F+ Gm D7. Gm.  
 NICE TO SHAKE A WELCOME HAND TO GREET A FRIEND YOU MEET AND

C7 G7 C7 F Bb F F7.  
 SAY "HELLO" TO ALL YOUR PALS, WHEN YOU MEET THEM ON THE STREET YOU





# SENIOR CITIZENS'

3.

WORDS AND MUSIC  
BY WAL BROMBY

**System 1:**  
 Chords: Bb, F7, Bb, F, C7, F, F7  
 Lyrics: LOVE TO GO A-ROAM-IN' IN THE GOOD OLD SUMMER-TIME TO

**System 2:**  
 Chords: Bb, F7, Bb, C7, F, C7, C7  
 Lyrics: SEE THE BIRDS AND FLOWERS, THEN TO BED AT HALF-PAST NINE. TO-

**System 3:**  
 Chords: F, G7, C7, F, Bb, F, F7, Gm, D7, Gm  
 Lyrics: DAY YOU'RE SENIOR CITIZENS SOME AGED FOUR SCORE OR MORE. I

**System 4:**  
 Chords: C7, C7, F, Bb, F, C7, F, C7, F  
 Lyrics: GIVE A TOAST TO ALL OF YOU, "GOD BLESS" FOR EV-ER MORE. NOW MORE ^'



# SENIOR CITIZENS' WEEK

June 18th -- 24th, 1972

## THEME -- LIVING IS AGELESS

words and music

by WAL BROMBY

Let's all enjoy ourselves,  
'tis Senior Citizen's Week.  
Let's have a happy time,  
so many friends we'll meet.  
They say "Our life is ageless,"  
Oh'. Gee! don't we have fun.  
So wear a smile, Yes! everyone,  
until the day is done.  
We welcome you from Ottawa,  
and dear old Thunder Bay.  
There's London, Kingston, Oakville,  
and Oshawa by the way.  
So! let's whoop up a singsong,  
be happy while you sing.  
Ontario is proud of you,  
Let's make the rafter's ring.

last four lines  
1st Time.

last four lines  
2nd time.

This meeting will leave mem'ries,  
that we shall cherish dear.  
We trust the Lord will spare us all,  
to meet another year.





SENIOR CITIZENS' WEEK  
THEME --- LIVING IS AGELESS

2.

WORDS & MUSIC  
BY WAL BROMBY

LET'S ALL ENJOY OURSELVES, 'TIS "SENIOR CITIZENS' WEEK."

LET'S HAVE A HAPPY TIME, SO MANY FRIENDS WE'LL MEET. THEY

SAY THAT LIFE IS AGELESS, OH! GEE DON'T WE HAVE FUN. SO

WEAR A SMILE, YES! EVERY ONE, UNTIL THE DAY IS DONE. WE

The musical score is written for a vocal line and a piano accompaniment. The key signature is one sharp (F#), and the time signature is common time (C). The score is divided into four systems, each with a vocal line and a piano line. The lyrics are written below the vocal line. The piano line includes various chords and musical notations such as rests, accidentals, and dynamics (e.g., mp.). The chords indicated above the staff are: C, G7, C, C7, F, C, G7, G, G7, C, A7, D7, G7, C, G7, C, C7, F, C, C, Am, D7, G7, C, C7.





F C G7 C7 F C  
 WEL-COME YOU FROM OT-TA-WA AND DEAR OLD THUN-DER BAY. THERE'S

D7 G Ddim Am D7 G7  
 LON-DON, KINGS-TON, OAK-VILLE, AND OSH-A-WA BY THE WAY. SO THIS

C G7 C C7 Am E7 Am G7  
 LET'S WHOOP UP A SING-SONG, BE HAP-PY WHILE YOU SING. ON-  
 MEET-ING WILL LEAVE MEM'RIES THAT WE SHALL CHER-ISH DEAR. WE

C Am D7 Fm G7 C G7 C.  
 -TAR-I -- O IS PROUD OF YOU. LET'S MAKE THE RAFTERS RING.  
 TRUST THE LORD WILL SPARE US ALL. TO MEET AN-OTH-ER YEAR

Tempo.

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Ontario Ministry of Community  
And Social Services

Homes for the Aged. Office on Aging  
Queen's Park, Toronto